



INTRODUCTION

This formulary protocol is set out to demonstrate the range of medical treatments in use in St Magnus Hospital and the criteria by which they are assessed to be the most therapeutically appropriate and safe treatment for the hospital's patients. St Magnus is a stand-alone independent sector hospital and therefore has limited resources to develop and maintain its own formulary. Therefore the formulary protocols for St Magnus are aligned with those of other organisations to ensure the most up to date and best informed formularies for the hospital possible.

GENERAL HEALTHCARE

All St Magnus patients are registered with a GP at Liphook Village Surgery and the surgery GPs visit St Magnus weekly to see patients and manage their physical healthcare. Liphook Village Surgery operates an electronic formulary that is embedded into their patient records system so that any prescription made by the GP is automatically cross referenced against the surgery's formulary. This is the general healthcare medicines formulary for St Magnus hospital. For further details regarding the general healthcare formulary please contact Liphook Village Surgery.

Liphook Village Surgery
The Square
Liphook
Hampshire
GU30 7AQ

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www.liphookvillagesurgery.co.uk

MENTAL HEALTHCARE

St Magnus' employed psychiatrists are responsible for the prescribing decisions for patients for psychiatric medication and treatment. In order to ensure that medication prescribing and treatment regimens always follow best practice St Magnus doctors refer to the following guidance –

- BNF (British National Formulary) – All prescribing is made with reference to the prescribing guidelines set out in the latest edition of the BNF, which is published biannually and is also available online at www.bnf.org. Where a drug is prescribed outside of BNF guidelines the rationale for this will be set out in the patient's notes.
- NICE Guidelines – St Magnus doctors will always seek to ensure that prescribing and treatment takes place according to the current NICE guidelines, wherever relevant guidelines exist for a particular treatment. In order to assist St Magnus medical staff to be aware of the latest relevant



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NICE guidance the Clinical Governance Department sends all doctors the current NICE Forward Planner spreadsheet on a quarterly basis so that they have an up to date list of relevant NICE guidance documents to reference. Where a decision is made to provide treatment contrary to existing NICE guidance then this decision will be reviewed at the monthly Medical Staff Meeting and the review minuted. The rationale for prescribing treatment contrary to existing NICE guidance will be clearly set out in the patient's medical notes.

- Southern Health NHS Foundation Trust – In view of St Magnus' existing general healthcare prescribing alignment with Hampshire the same principle is applied to psychiatric prescribing. St Magnus medical staff will always reference the current Southern Health Trust treatment and prescribing protocols in the treatment of any mental health condition for a St Magnus patient. These can be accessed at <http://www.southernhealth.nhs.uk/knowledge/medicines-management/policies/> . Where a doctor wishes to prescribe treatment contrary to the procedure set out in a Southern Health medicines management policy then this decision will be reviewed and the review minuted at the monthly Medical Staff Meeting. The rationale for a treatment contrary to that in the Southern Health policy will be clearly set out in the patient's medical notes.

NB Southern Health was previously named Hampshire Partnership NHS Foundation Trust so some Southern Health documents will show the originating organisation as Hampshire Partnership.

Scrutiny and Review

Patient psychiatric treatment regimens are subject to a number of internal and external reviews and checks to ensure that best practice continues throughout and that patient welfare is protected.

Patients Detained Under the Mental Health Act

Any patient detained under a section of the ***Mental Health Act 1983 (as amended 2007)*** may only receive prescribed medication after 3 months of detention where the patient provides informed consent to accepting the medication. Where the patient refuses consent or is unable to give informed consent then the continued medication regime can only continue if it reviewed and confirmed by a SOAD (Second Opinion Appointed Doctor) in accordance with ***Sect 58*** of the ***Mental Health Act 1983 (as amended 2007)***. Furthermore the continuing detention and treatment of these patients is subject to regular review by First Tier Tribunals and the Hospital Managers at frequencies as set out in ***Mental Health Act 1983 (as amended 2007)***.

The care and treatment of detained patients is also subject to review by Mental Health Act inspectors from the CQC (Care Quality Commission) through announced and unannounced inspection visits.



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All patients in the St Magnus Hospital low secure wards (Sycamore, Willow and Oak) must be detained under a section of the Mental Health Act by virtue of the fact that the hospital is a locked, secure hospital.

MDT (Multi-Disciplinary Team) and CPA (Care Programme Approach) Meetings

All patients' treatment is subject to regular review at the hospital's internal MDT meetings and at the 6 monthly CPA meetings. Subject to the patient's mental state and risk assessment, patients are invited to attend both their MDT and CPA meetings to discuss their treatment. The CPA meeting is a statutory requirement for all patients detained under the Mental Health Act and the patient's care coordinator, commissioner, solicitor and relatives/representatives are invited to each CPA providing external review of the treatment provided.

Ashtons Hospital Pharmacy

Ashtons Hospital Pharmacy is the supplying pharmacy for St Magnus Hospital and a clinical pharmacist from Ashtons visits each ward once a fortnight to audit medicines' records, storage and handling. This includes a review of any medicines seen to be prescribed outside of BNF guidance or instances of polypharmacy. Written feedback and reports on these audits is provided to the ward nursing staff and to the hospital managers, including the medical director. The Ashtons clinical pharmacists are also available for telephone consultation by medical or nursing staff when required.

www.ashtonshospitalpharmacy.com

Medical Staff Meeting and Medicines Management Meeting

All the St Magnus medical staff have a monthly minuted meeting, chaired by the Medical Director. This meeting provides a forum for the hospital medical staff to discuss and review treatment and prescribing issues where appropriate. As noted above, any treatment that is provided contrary to NICE or Southern Health NHS Foundation Trust guidelines will be reviewed at the Medical Staff Meeting.

Once each two months a Medicines Management Committee minuted meeting is held, chaired by the Medical Director, to review all relevant medicines management issues for the hospital. The meeting is attended by the hospital doctors, senior nurses, Clinical Governance Manager and a clinical pharmacist from Ashtons Hospital Pharmacy. The Medical Director will inform the committee of any instances of treatment provided contrary to NICE or Southern Health NHS Foundation Trust guidelines and the results of the review by the Medical Staff Meeting. The Medicines Management Committee will determine whether it will endorse the review decision made by the Medical Staff Meeting or if it needs to move for a different conclusion.



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Drug Alerts

The Clinical Governance Department receives the Drug Alerts issued by the MHRA (Medicines and Healthcare products Regulatory Agency), reviews their relevance (consulting with nursing and medical staff as necessary) and then circulates them for the necessary action, monitoring and recording that the required action has been taken by nursing and or medical staff. Most alerts, involving only individual batches of a drug, are only circulated to ward nursing staff for action, but those affecting the overall use of a particular drug or group of drugs, which would impact on doctors' prescribing practice, are also circulated to all medical staff. This distribution and any actions taken are recorded on a spreadsheet maintained by the Clinical Governance Department.

All St Magnus doctors are members of the IDF (Independent Doctors Federation) (required for medical appraisal purposes) and the IDF also forwards all MHRA Drug Alerts directly to its members. So all St Magnus doctors will also receive all drug alerts through this route.

Relevant Documents and Web Links

- BNF (British National Formulary) – www.bnf.org
- Liphook Village Surgery - www.liphookvillagesurgery.co.uk
- NICE (National Institute for Health and Clinical Excellence), December 2012: ***Developing and updating local formularies*** (<http://www.nice.org.uk/mpc/goodpracticeguidance/gpg1.jsp>)
- NICE Forward Planner - http://www.nice.org.uk/usingguidance/implementationtools/forwardplanner/forward_planner.jsp?domedia=1&mid=7ACA7C5D-956D-799F-25F5B4FD8C973B26
- Southern Health NHS Foundation Trust medicine management policies - <http://www.southernhealth.nhs.uk/knowledge/medicines-management/policies/>
- St Magnus medicines management policies C24a-C24j
- St Magnus policy MH3 Administration of Medication: Section 58